# Exercise Science + Pre-Med General Graduation Plan

*****This plan is designed for students completing their undergraduate degree in four and a half years without any Spring and Summer semesters, entering Medical school immediately after graduating, and starting during a Winter Semester. *****

**Adjust course suggestions to fit your needs**

**<u>PLEASE MEET WITH YOUR ADVISOR TO MAKE A PERSONALIZED CLASS PLAN</u>**

### (Winter) Semester 1
### Complete 13 hours

UNIV 101 - 2 Credits
CHEM 105 - 4 Credits
CELL 120 & *MMBIO 122 - 4 Credits
EXSC 151 - 1 Credit
Religion Class - 2 Credits
**Optional: STDEV 170 (Intro to Health Professions)

### (Fall) Semester 2
### Complete 13 hours

CHEM 106 & 107 - 4 Credits
MMBIO 240 & *MMBIO 241- 4 Credits
GE Class - 3 Credits
Religion Class - 2 Credits

### (Winter) Semester 3
### Complete 15 hours

*CHEM 351 - 3 Credits
CELL 220 - 4 Credits
Major Elective - 3 Credits
*SOC 111 - 3 Credits
Religion Class - 2 Credits

### (Fall) Semester 4
### Complete 15 hours

*CHEM 352 & 353 - 5 Credits
CELL 305 - 4 Credits
*PSYCH 111 - 3 Credits
Major Elective - 3 Credits

### (Winter) Semester 5
### Complete 15 hours

*CHEM 481 - 3 Credits
PHSCS 105 & 107 - 4 credits
Major Elective - 3 Credits
GE Class - 3 Credits
Religion Class - 2 credits

### (Fall) Semester 6
### Complete 15 hrs

PHSCS 106 & 108 - 4 Credits
**PWS 340 or Elective Class - 3 Credits
STAT 121 - 3 Credits
Religion Class - 2 Credits
GE Class - 3 Credits

### (Winter) Semester 7
### Complete 13 hours

NDFS 100 - 3 Credits
**STDEV 470 - 2 Credits (not required)
Major Elective - 3 Credits
Religion Class - 2 Credits
GE Class - 3 Credits
*During this semester, study for MCAT like a part-time job*

**<u>Take the MCAT and Apply for Med School during the Spring following your 7th semester</u>**

### (Fall) Semester 8
### Complete 15 hours

EXSC 440 - 4 Credits
EXSC 362 - 3 Credits
Religion Class - 2 Credits
GE Class - 3 Credits
Elective Class - 3 Credits

### (Winter) Semester 9
### Min. 12 hours

*EXSC 463 - 3 Credits
*EXSC 464 - .5 Credits
GE Class - 3 Credits
Finish GE &/or Elective Classes

(Finish Experiential Learning Credit before Graduating, talk to an advisor to learn more)

### Begin Med School the Following Fall

***Indicates classes that are not part of the EXSC Major but are part of typical pre-med prerequisites**

****Indicates recommended but not required courses**